


PRICE LIST		Traditional Primary Care
PREVENTATIVE		(plus co-pay)
Well adult and pediatric exam	✓	\$0-\$187
Comprehensive bloodwork review	✓	\$0-\$1750
Basic Nutrition Counseling	✓	\$100-200
Addressing chronic disease holistically	✓	\$125- \$500
Direct communication with your provider	✓	priceless
ONGOING CARE		
Disease management	✓	\$127-\$500 per visit
Sick appointments	✓	\$176 plus
Test for strep throat, flu ***	✓	\$32
Screening pap smear ***	✓	\$0-200
Choice of visit: In person, phone, video, messaging	✓	\$35-\$80 per visit additional
URGENT CARE		
Acute and urgent visits during business hours	✓	\$15-\$300
Care when traveling: Phone, video, messaging	✓	\$150-\$75
Stitches during business hours	\$10	\$165-\$310
SPECIFIC CARE		
Skin care: Biopsy, removal or evaluation***	✓	\$250-\$500
Wart removal, skin tag removal	✓	\$123
Urine Pregnancy Test**	✓	\$17
Urinalysis**	✓	\$6
EKG in house	✓	\$32
Deeply discounted labratory pricing (in house)	✓	>65%
CORTICOSTEROID INJECTIONS		
Trigger Point	\$45 (per location)	\$225+
Shoulder or Knee Joint	\$45 (per location)	\$300+
PHYSICAL, OCCUPATIONAL THERAPY		
Dry Needling	\$120/hour	\$120
Physical, Occupational Therapy	\$120/hour	\$150-400/hour
WEIGHT LOSS		
GLP1 Peptides + Monthly Nutrition & Strength Training Consult	\$176/month plus cost of prescription	\$1,500+
FUNCTIONAL MEDICINE SERVICES		
Individualized Nutrition Consult (30 min)	\$80	\$100 plus testing
Hair Minerals Analysis plus Consult (30 min)	\$175 (includes testing)	\$250 plus testing
Functional Medicine Consult plus testing (120 min)	\$275/visit, testing not included	\$500 plus testing
Additional tests: Wheat Zoomer, Food sensitivity, Organic Acids, CSAP (Gut), Mold, ZRT Hormones, genetic testing, etc		
Included with Membership*	✓	
**Per provider's descretion		
August 2025		